



## Monthly Caregiver Series

At

### Westminster Shores

1700 3<sup>rd</sup> Avenue West

Bradenton, Florida 34208

Free Lecture Series the first Friday of every month at 1:30pm

**February 5<sup>th</sup> The ABC's of Care giving** Presented by Sue Fox Alzheimer's Association Program Specialist Learn about normal age-related memory loss, reversible types of dementia versus non-reversible types of dementia what are the warning signs and what to do if you have them.

**March 5<sup>th</sup> 70/40 How to talk with Your Adult Children about quality of Life Issues** Presented by Jill Trewin Home Instead Senior Care

**April 2<sup>nd</sup> How the Veteran's Administration can Assist the Caregiver** Presented by Ernest Houston Veteran's Administration

**May 7<sup>th</sup> Charlene Proeger PhD of Proeger and Associates How Case management services can Alleviate Caregiver Stress**

Please call the Alzheimer's Association @ 365-8883 for questions

Presented by: Sue Fox Program Specialist

Alzheimer's Association, FGCC

